

# Sacraments 101

BY DAVID O'BRIEN

*This quiz can help you, your students, and your students' families review what you know about our Catholic faith. Check your answers against the answer key on page 43.*

**1** \_\_\_\_\_ is the sacrament that welcomes people into the Catholic Church.

- a) first Communion b) baptism c) first reconciliation d) matrimony (marriage)

**2** The apostles never did what we do at Mass.

True | False

**3** How often can a person receive Holy Communion?

- a) only on Sunday b) Christmas and Easter c) 10 times a day d) once a day

**4** Sacraments are the supernatural way that we encounter \_\_\_\_\_.

- a) Christ b) the saints c) other Catholics d) Pope Francis

**5** The sacrament of \_\_\_\_\_ is how Catholics receive mercy and forgiveness for their sins.

- a) holy Communion b) matrimony c) reconciliation d) ordination

**6** The first Christians celebrated baptisms and the Eucharist.

True | False

**7** \_\_\_\_\_ is one of the sacraments of initiation.

- a) holy orders b) marriage c) confirmation d) confession

**8** If a person is baptized in a mainline Protestant community, it is recognized by the Catholic Church. True | False

**9** "I baptize you in the name of the \_\_\_\_\_, and of the Son and of the Holy Spirit."

- a) bishop b) Church c) Trinity d) Father

**10** Which is the only sacrament that is not celebrated by an ordained bishop, priest, or deacon?

- a) holy orders b) matrimony c) reconciliation d) anointing of the sick

**11** "He took \_\_\_\_\_, said the blessing, broke it, and gave it to them, and said, "Take it; this is my body" (Mark 14:22).

- a) jars of wine b) crackers c) dinner d) bread

**12** The sacrament of the anointing of the \_\_\_\_\_ is celebrated with seriously ill or dying people.

- a) bread and wine b) water c) sick d) Communion hosts

**13** \_\_\_\_\_, deacons and bishops are ordained when they receive the sacrament of holy orders.

- a) priests b) nuns c) monks d) married couples

**14** Chrism is the holy \_\_\_\_\_ that is used at baptisms, confirmations, and ordinations.

- a) oil b) water c) clothes d) candle

**15** Eucharist literally means "come together to break bread."

True | False



**16** When a baby is baptized, the \_\_\_\_\_ speak for the child until they can profess their faith for themselves at the sacrament of confirmation.

- a) priests b) grandparents c) altar servers d) parents

**17** In the sacrament of matrimony, the couple vows to be open to \_\_\_\_\_.

- a) wedding presents b) having children c) moving for a better job d) volunteering in the parish

**18** Jesus' first miracle was the Wedding at \_\_\_\_\_ (John 2:1-12), where he turned water into wine.

- a) Cana b) Jerusalem c) Bethlehem d) Nazareth

**19** At Pentecost, the Holy Spirit came upon the apostles like tongues of \_\_\_\_\_ (Acts 2:1-13).

- a) doves b) cows c) incense d) fire

**20** Only mortal sins should be confessed to a priest.

True | False



Sacraments change us no matter what we do because the sacraments are from God, and God wants us to be holy like Christ.

True | False

For more Catholic IQ and to find the answer to the *What's Your Catholic IQ? Bonus Question*, go to [Catechist.com](http://Catechist.com).



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